

Presidential Spiritual Fitness Award
“Apostolic Strong”

Mission Statement:

To encourage the Apostolic youth of the Alaska Yukon District of the United Pentecostal Church International to reach for excellence in their walk with God.

To recognize those that are diligently seeking him, *(Hebrews 11:6) “But without faith it impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him”.*

To encourage district youth that they can do all things through Christ! *(Philippians 4:13) “I can do all things through Christ which strengtheneth me.”*

This award will be given out annually to all young people ages 12-18 that have met certain criteria as set forth by the Youth President.

Five Core Disciplines make up this award and an “Apostolic Strong” young person has applied these 5 disciplines to their lives while striving to improve in all of them.

- Prayer & Fasting
- Reading the Word
- Sharing the Word (Witnessing/Outreach)
- Teaching the Word (Bible Studies)
- Mentoring (Bringing someone with you and being accountable to someone)

I. Prayer

A. If possible arrive early for church services for time of prayer

B. Pray 15 minutes a day

II. Fasting

A. Fast one 24 hour period per month

or

B. Fast two meals for two days per month

III. Reading the Word

A. Be current with Adult Bread Program or another program that keeps on pace to read the entire Bible in one year.

IV. Sharing the Word

A. Bring at least one visitor to church per quarter

B. Bring one visitor per month to youth activities

V. Teaching the Word

A. Obtain and become familiar with a Youth Bible study from World Evangelism Center.

B. Teach two Bible studies per year.

VI. Mentoring

A. Select an “Apostolic Strong Associate” to encourage, foster growth, and develop spiritually.

B. The “Apostolic Strong Associate” program will consist of two young people of the same sex.

C. Apostolic Strong Associates will stay in contact with each other to be faithful attending church, reading the Bible, and outreach.

D. Stay accountable to Youth Leader and Pastor.